



# Nevada County 4-H Family Newsletter

*University of California Cooperative Extension  
Nevada County 4-H Youth Development Program*

## *Nevada County 4-H Office*

Grass Valley Veteran's Memorial Building, 255 South Auburn Street, Grass Valley, California 95945

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Email: [cenevada@ucdavis.edu](mailto:cenevada@ucdavis.edu)

Website: <http://groups.ucanr.org/uccenevada4h/>

## Office Hours:

Monday-Friday

8:00am - Noon

12:30pm - 4:30pm

## ENROLLMENT AND MEMBERSHIP INFORMATION

### **4-H Enrollment – It Is That Time Again!**

Time to re-enroll in the Nevada County 4-H Youth Development Program. All families should be receiving re-enrollment paperwork from club leaders about now.

For those youth re-enrolling in an animal project and would like to show and/or sell that animal at the 2010 Nevada County Fair, the formal due date for pre-enrolling in Nevada County 4-H is November 1. As the 4-H office is not open on Saturday or Sunday, re-enrollment forms will be due on Friday, October 30. Forms can be turned into the clubs directly or at the 4-H office.

### **4-H Open House**

**September 10, 2009**

**5-7 p.m., GV, Veteran's Bldg**

Join us for an evening of fun as we open our 4-H doors to the community and encourage new enrollment. The event will be open to the public. Club and project members will be on hand to provide demonstrations, refreshments, activities, and general information. Let's all have fun with the possibilities and to help get the word out. Invite your friends to see what 4-H has to offer.

### **4-H/FFA/Junior Membership Clarified**

When a member maintains projects in 4-H, FFA, and Junior Grange, the projects may **NOT** be in the same kind of livestock or crop. A member of FFA chapter, Junior Grange or 4-H club may transfer projects from one organization to another only **ONCE** during a calendar year. Transfers must take place not less than sixty (60) days, (or the number of days required for the ownership and supervision of respective species - whichever is greater), prior to the exhibit or award recognition of the project. This must be a written notification.

To be able to show a project at a fair or show, it must be owned and supervised of the organization which it will be shown for at least 60 days prior to the fair or show for market animals (120 days for market beef and horses and 30 days for market rabbits, poultry, and feeder and breeding animals).

**Two Counties – O.K. Two Clubs – Not O.K.**

A 4-H member may participate in projects in two different counties at the same time, but can be a MEMBER OF ONLY ONE COMMUNITY CLUB at a time. The membership in the Community Club determines in which county the 4-H'er will participate as far as involvement in fairs and achievements. That is, members of Nevada County 4-H Community Clubs are the only 4-H'ers eligible to show and sell market animals in the Junior Livestock Auctions at Nevada County. Surrounding counties have a similar policy for their youth.

**NEVADA COUNTY 4-H EVENTS & NEWS**

**LABOR DAY HOLIDAY**  
In observance of the Labor Day Holiday, the 4-H county office will be closed on Monday, September 7.

**Citizenship Information Night**  
September 10, 2009  
6-7 p.m., GV Veteran's Bldg

Attention, all 4-H youth members who are interested in attending the Citizenship Focus Travel Trips in 2010. September 10<sup>th</sup> is a mandatory meeting in which both the youth and parents are required to attend.

Also, the first deposits are due (non-refundable), \$500.00 for the DC Delegates and \$100 for the Cal-Focus Delegates. Sue Ramey, the Citizenship Project Leader, will be available to answer questions and assist in completing applications. For questions, please call Sue at (530) 273-2004.

**Bi-County Officer Training**  
**(Hosted by Placer County 4-H)**  
Saturday, September 26, 2009  
9 a.m.-1:00 p.m.

**Ophir Elementary School, 1373 Lozanos Road, Newcastle**

The Placer and Nevada County All-Stars and Leadership groups will be conducting this informative and exciting training event that is open to all new and returning club officers. "What is this?" you ask. The program will include an inspirational speaker, officer training (president, secretary, treasurer, etc.), songs and recreation, plus new Leader Certification.

**Directions to Ophir Elementary School From Grass Valley Highway:**

Continue on Grass Valley Hwy (CA-20 W/CA-49S)  
Merge onto I-80 West via the ramp to Sacramento  
Take exit 116 for CA-193 Lincoln  
Turn RIGHT onto OPHIR RD.  
Turn LEFT onto LOZANOS RD.  
Turn LEFT onto BALD HILL RD/ LOZANOS RD.  
Turn RIGHT onto LOZANOS RD.  
School is on the LEFT.

Now is also the time, if it has not already been done, for New Club Officers to meet with their Community Club leaders to plan the coming 4-H club year, develop a proposed budget and plan club fundraising activities to meet those needs.

**Draft Horse Classic & Harvest Fair**  
**Nevada County Fairgrounds**  
September 24-27, 2009  
Mark your Calendars

This is one of our payments in kind for the use of the Fairground facilities. 4-H provides ushers for the Draft Horse Classic. Duties and responsibilities include: walking guests to their seats, restrooms, exits, refreshments, being all around friendly and always keep that smile on your face. To participate in this fun event, you need to be at least 9 years of age. Please call to reserve a spot to work on any day, Thurs., Fri., Sat., &/or Sun. Thank you, Karen Sullivan 432-1242 or Myra Easley 265-8828.

**The Citizenship Focus Group will be selling food at the food booth so come and support them!**

**2010 Junior Coordinator Applications**  
Applications due January 22, 2010

Dear 4-H Youth,

Another great year has gone by for the Jr. Coordinators and again we are looking for youth to apply for the Junior Coordinator program. I am very eager and excited to start another year of 4-H with the Jr. Coordinators. The deadline for applications to be turned in to the 4-H office is January 22, 2010. For more information about the Junior Coordinator program and an application visit:

[http://groups.ucanr.org/uccnevada4h/County\\_4-H\\_Programs/Junior\\_Project\\_Coordinator\\_Program.htm](http://groups.ucanr.org/uccnevada4h/County_4-H_Programs/Junior_Project_Coordinator_Program.htm)

If anyone has any questions please feel free to call me at (530) 432-4248 or email at [rvolheim@sbcglobal.net](mailto:rvolheim@sbcglobal.net)

Sincerely,

Tasha Volheim  
Jr. Coordinator Supervisor

**Uniform Recycling**

Have you considered recycling your children's uniforms? Children have a way of growing and their clothes just don't keep up! Donate your "out grows" to the supply. You may also come by the office and see there is something that will work for you!.



**PEARDALE PINES NEEDS A CLUB LEADER**

The former Community Club Leader gave her resignation on August 17, 2009. Mike and Astrid Cebollero have stepped forward to serve as the contact for the club until a new Club Leader can be found. We are looking for someone who is willing and interested in serving as the Club Leader for the 2009-2010 year. If you are interested please contact Mike or Astrid (530) 271-1247 or email at [cebees@theunion.net](mailto:cebees@theunion.net) or the 4-H office.

COUNTY COUNCIL NEWS

2009-2010 Nominations For County Project Coordinators
Applications due September 25, 2009

We are in the process of organizing and planning next year's program activities. The project coordinator system is a vital part of the Nevada County 4-H Program. The Executive Board would like your help in selecting adult members for the project coordinator groups.

Some of the duties of a Project Coordinator include:

- Provide leadership to project leaders at the club level in field of expertise.
• Provide training, when necessary, to project leaders.
• Plan and implement events for area of expertise, such as fun fair, judging contests, tours and field days for youth to participate in educational, hands-on, non-formal instruction.
• Oversee Nevada County Proficiency Program in area of expertise and provide the means for members to successfully complete the levels. Work closely with the Proficiency Program Coordinator to insure program is operating in a consistent manner.
• Provide publicity for the group. Help promote the project to the county.
• Set up workshops.
• Secure awards in project areas.
• Project Coordinators may be called upon to assist in functions and events that involve collaboration with the Nevada County Fairgrounds.

This is a major 4-H leadership role.

To learn more about the County Project Coordinator Group check out:

http://groups.ucanr.org/uccenevada4h/County 4-H Programs/County Project Coordinator Group.htm

To nominate yourself, download the application at:

http://groups.ucanr.org/uccenevada4h/files/70864.pdf or contact the 4-H office for an application.

Council Meetings

Upcoming Council Meeting
Table with 2 columns: Date, Host Club. Rows include August 2009 (No Meeting), Sept. 10, 2009 (Citizenship Project), Oct. 8, 2009 (Kentucky Flat), Nov. 12, 2009 (Grass Valley), December 2009 (No Meeting), January 14, 2010 (Peardale Pines), February 11, 2010 (Cool Hollow), March 11, 2010 (Clear Creek), April 8, 2010 (Chicago Park), May 13, 2010 (Penn Valley), June 2010 (No Meeting).

The Nevada County 4-H Leader's Council meetings are held on the second Thursday of every month except for June, August, and December at 7pm at the Grass Valley Veteran's Memorial Building, 255 South Auburn Street, Grass Valley.

The purpose of the council meetings is to bring representatives together from all clubs to plan events, share ideas and concerns, and to determine appropriate actions as needed. Agendas are put together during the week before each meeting. To add items to the agenda, notify the current president by the 1st of the month.

All 4-H volunteers, members, and their families are invited to attend council meetings and add their ideas and concerns.

But only certified volunteers and youth members 9th grade and above can make a motion or vote.

Council meeting agendas and minutes can be found at:

[http://groups.ucanr.org/uccenevada4h/Nevada County 4-H Leaders Council/](http://groups.ucanr.org/uccenevada4h/Nevada_County_4-H_Leaders_Council/)

### **Executive Committee Meetings**

The Executive Committee holds a regular meeting on Tuesday during the week prior to the Council meeting. They meet at 6:30pm at the Sierra Nevada Children's Services, upstairs meeting room, 256 Buena Vista, Grass Valley. The Executive Committee consists of the Council officers, 1 community club leader from each recognized club or their designee, and the current All Stars.

The duty of this committee is to assist and advise the President, to make recommendations to the Council, and to carry out such other duties as the Council or the President may direct.

#### **2009-10 Meeting Dates**

September 1, 2009  
September 29, 2009  
November 3, 2009  
January 5, 2010  
February 2, 2010  
March 2, 2010  
March 30, 2010  
May 4, 2010

## **PROJECT AND CLUB LEADER CORNER**

### **12 Project Planning Steps to Help You Get Started**

1. Obtain a 3-ring binder or file for easy storage of your project materials
2. Get a list of your project members
3. Order project materials. If you find a resource that you like, the 4-H office can order it for the Lending Library. Check out: <http://anrcatalog.ucdavis.edu/4HYouthDevelopment/> or [www.4-Hmall.org/curriculum](http://www.4-Hmall.org/curriculum)
4. Review materials at the UCCE County Office in the Lending Library
5. Meet with your Junior/Teen Leader and review plans and expectations for the year
6. Utilize Experiential learning
7. Focus on at least one of the following: Citizenship, Leadership, or other Life Skills
8. Promote the Essential Elements of Youth Development: Belonging, Mastery, Independence, Generosity
9. Prepare project goals and expectations for members
10. Prepare a sample project meeting outline
11. Create a calendar for your project's year, including dates of meeting and event.
12. Reflect/evaluation your project.

The 12 steps are discussed in greater detail in the PROJECT PLANNING POWERPOINT and DESIGN KIT posted on the website:

[http://groups.ucanr.org/uccenevada4h/4-H Community Clubs/Project Leader Resource Page.htm](http://groups.ucanr.org/uccenevada4h/4-H_Community_Clubs/Project_Leader_Resource_Page.htm)

Check out the Project leader Resource Page for additional materials. New ones will be added each month.

**Hands-On with Science  
Workshop**  
October 10, 2009 8:30 a.m. to 1 p.m.  
Auburn Senior Center  
11577 E Avenue, Auburn  
Registration Due: October 1

This special workshop for 4-H leaders, Preschool, Elementary School, and Middle School teachers will offer three sessions featuring hands-on curriculum and resources that are designed to assist leaders and teachers in enriching applied activities, projects, and experiences

- Inquiry-Based Learning
- Kitchen Science
- Happy Healthy Me
- Worms Recycle for Us
- 4-H Embryology
- Eating Healthy from Farm to Fork
- Creating & Sustaining a Garden

For more information and to register go to: <http://ceplacer.ucdavis.edu>

**4-H Shooting Sports Leader Certification for Archery**  
Saturday, November 7, 8 a.m. – 4 p.m. and Sunday, November 8, 8 a.m. – 2 p.m.  
Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto

A shooting sports training workshop for the archery discipline. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required.

The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or [dan\\_burner@yahoo.com](mailto:dan_burner@yahoo.com). Fees are due by October 23, 2009 and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

## MEMBER'S STORIES

Hello, my name is Evan Barnickol. I am an officer with Chicago Park Hornets. I have been a member with the club for 8 years. I have and am the treasurer for the past 5 years.

My interests are poultry, rockets, sport shooting, archery, rabbits, pygmy goats and now citizenship.

I am looking forward to being an All Star along with Amber McClelland and our leader Charlene Andes for this coming year. I realize there will be challenges and opportunities for us, and I look forward to them.

I would encourage all members to become an All Star, and be involved with what the program has, become a junior or teen leader for projects and move up from there. This program is very exciting and offers a lot to youth.

I look forward to this year.

## STATE 4-H EVENTS & NEWS

### CA 4-H Computer Corps

Applications due: September 30, 2009



Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://www.ca4h.org/compcorps/>

### State 4-H Record Book Competition

Record Books and Applications due to the Nevada County 4-H Office by  
October 23, 2009

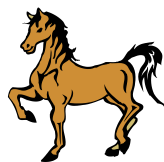


The Purpose of the State 4-H Record Book Competition:

- Provides an incentive to members to record their project work in their 4-H Record Book.
- Members receive feedback and encouragement on their 4-H project skill development, leadership and citizenship development, and record-keeping skills.
- Members are recognized for outstanding 4-H work.

Visit <http://www.ca4h.org/4hresource/ir/recordbook/> for more information. State Record book forms can be found at: <http://www.ca4h.org/4hresource/ir/recordbook/competition.asp>

**IMPORTANT:** The Nevada County 4-H Program slightly modified its Record Book and forms. The changes that need to be made to compete in the State 4-H Record Book Competition can be found at: <http://groups.ucanr.org/uccenevada4h/files/65771.pdf>



### State 4-H Equine Field Day

Saturday, October 3 or 10 - TBA  
UC Davis

Mark your calendars! It will be a partnership with the UCD Animal Science department and UCD Horse Day. More details to follow at:  
<http://www.ca4h.org/projresource/horse/>



### Family & Consumer Sciences Field Day

Saturday, October 24, 2009  
UC Davis



This day-long event features educational workshops for 4-H members 9 and older with sessions running concurrently all day. Members can participate in up to six fun sessions including:

- Food/Nutrition: What's for Dinner; Martha Meets Miss Manners; Play With Your Food: Smoothie "Throwdown", Got Jerky?
- Clothing: Strut Like Tyra; Creative Costuming; Beadazzeling; Project Runway; Fashion Frosting; Sewing 101; Upcycling
- Personal Consumerism: What Not To Wear; BOGO; Fashion Car; Chairman of the Board

Pre-registration is required and will be available in the Fall. Cost is \$10 for the first member from your family and \$5 for each additional member.

### **2010 State Fashion Revue – Date TBA Held During State 4-H Field Day at UC Davis**

#### **What's in YOUR closet?**

The 2010 State Fashion Revue theme is "What's in YOUR closet!?" If you are a county winner then you qualify for SFR. The categories are Traditional, Consumer Science Purchased, Recycled, Wearable Art, and Challenge. The age groups are Junior (9-11), Intermediate (12-13) and Senior (14 & up).

#### **SFR Challenge – VEST**

The 2010 Challenge pattern is Simplicity # 4762. We hope this category will be included in your county Fashion Revues. Make an investment in your future wardrobe with this year's challenge. Make a lined vest, but don't forget to spice it up. It could be reversible, have pockets, frills or whatever fits your style.

For information go to <http://www.ca4h.org/projresource/fashion/> or contact [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu).

### **4-H California YDP Policy Handbook Revised**

An updated online and searchable 4-H Handbook was released on July 1, 2009. You can find it on the California 4-H Website at: <http://www.ca4h.org/policy/>

There are tons of new resources available for members, project leaders, and club leaders. You can expect additional support documents throughout the year.

- 4-H YDP Shooting Sports Program Policies and Procedures - provides updated guidance to the 4-H YDP shooting sports project and activities. You can find the updated information at: <http://www.ca4h.org/policy/chapter7/UC4HYDP7-ShootingSprtsPolicyProced.pdf>

## **SECTIONAL 4-H EVENTS & NEWS**

### **WHY CONFERENCE September 11-13, 2009 Camp Tehama, Mill Creek, CA**

Open to 4-H members, 6<sup>th</sup> grade and above, as well as adult volunteers, this conference brings youth from around the North Region together to learn important leadership, citizenship, and other life

skills. Registration forms are available at [http://clubs.ca4h.org/nsection/why\\_conference.htm](http://clubs.ca4h.org/nsection/why_conference.htm). Workshop presenters are needed and can be requested with a form located at the same website. For further details, contact the Glenn County 4-H office at (530) 865-1107.

**NATIONAL 4-H EVENTS & NEWS**



**October 4-10, 2009**

National 4-H Week is our time to celebrate our involvement in the 4-H program. In honor of this time, clubs partner with Grass Valley downtown merchants to help decorate window displays which showcase 4-H activities. Awards are given out to each club based on creativity, theme, and completeness. Clubs should be setting up their decorating committees now and securing window space. Details will be mailed to club leaders.



**Participate in the 2009 4-H National Youth Science Day Experiment  
*Biofuel Blast!***

Youth will discover, learn, and have a blast exploring alternative fuels. You can find everything you need to participate online at [www.4-H.org/NYSD](http://www.4-H.org/NYSD)

**2009 National 4-H Conference**  
March 20—27, 2010  
Chevy Chase, Maryland  
Application Deadline: September 30, 2009



Applications for the 2010 National 4-H Conference are now being accepted from 4-H members (age 16 –19), 4-H volunteers and 4-H staff. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. Join the California delegation! More information is available at: <http://www.ca4h.org/conference/n4hc/index.asp>

## OTHER OPPORTUNITIES

**3rd Annual  
Kids Culinary  
Convention and Conference**  
September 19, 2009  
Sacramento



Youth ages 10-15 are invited to attend, youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits. Visit: <http://www.jrchefcentral.com> for more information.

**4-H Member Exclusive Horsemanship Clinic**  
Saturday, October 10, 2009  
El Dorado Fairgrounds, Placerville (covered arena)

Attention all Horse Project Members: Do you want to improve your horsemanship skills? Then don't miss this opportunity to ride and learn from Richard Winters! This is a one-of-a-kind opportunity to work with a champion horseman and national clinician. Richard was one of the premier clinicians at Horse Expo this year.

Two sessions: 9am-noon (walk/trot), or 1pm-4pm (junior/senior)

Cost: \$87.50 **Space is limited**, so reserve your spot!

For more information call Julie Abel at (530) 626-8849. Or email [abelfire@d-web.com](mailto:abelfire@d-web.com)

(This event is a fundraiser for the El Dorado County Horse Project)

## \$ FUNDRAISING OPPORTUNITIES \$

**California 4-H Service Learning RFP—Service Project Funds**  
Applications due by September 15, 2009

**Do you need money to carry out your service project?** Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed.

**Bob and Pat Dean Memorial**  
Applications due by September 15, 2009













**4-H club support funding** is available through the Bob and Pat Dean Memorial Legacy Fund for California 4-H members or volunteers. Funding is intended for activities that meet the following

criteria:

- 1) enable youth to develop citizenship, leadership, or life skills;
- 2) increase public awareness of the 4-H Youth Development Program;
- 3) expand the reach of the 4-H Youth Development Program (new youth, new audiences);
- 4) provide continuing benefit to the applicant's local 4-H Club or project.

Application information is available at: <http://www.ca4h.org/citizenship/funding/>.

## September 2009

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1  Executive Committee Meeting	2	3	4	5
6	7 	8	9	10  County 4-H Council Meeting	11  WHY Conference	
13  WHY Conference	14	15  Service Learning Applications Due	16	17	18	19
20	21	22	23	24  25  26  Draft Horse Classic		
27  Draft Horse Classic	28	29  Executive Committee Meeting	30  Beginning Year Club paperwork due			










### Share Your 4-H Experience!

Any 4-H member can submit an article for this newsletter. Tell us about a special event or community service you have participated in. A digital picture with your article is a great addition. NEXT

NEWSLETTER SUBMISSION DEADLINE: September 18<sup>th</sup>. Send it via e-mail to: [cenevada@ucdavis.edu](mailto:cenevada@ucdavis.edu)

All articles are subject to approval by the 4-H Youth Development Advisor. After approval, articles are published as **space permits**. **Send photos in JPG format.**

# October 2009

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1	2	3  No Section 4-H Council Meeting
4 	5 	6 	7 	8  County 4-H Council Meeting	9 	10 
National 4-H Week						
11	12  Office Closed	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

<b>A LOOK AHEAD</b>	
<b>October 2009</b>	
03	North Section 4-H Council Meeting
04-10	National 4-H Week
08	Final Sign-up information meeting for Citizenship
08	County 4-H Council Meeting
12	Columbus Day Holiday Office Closed
<b>November 2009</b>	
01	Re-Enrollment Deadline
02	Executive Committee Meeting
07	You-Make-It Craft Expo
07-08	State Leader's Forum
11	Veteran's Day Holiday -Office Closed
12	County 4-H Council Meeting
14	Achievement Night
26-27	Thanksgiving Holiday—Office Closed



Shannon J. Dogan  
4-H Youth Development Advisor